



**WILD CPD**  
*WELLBEING FOR PERFORMANCE*

## Outdoor Ethics CPD for accountants to enhance:

- ☘ Health & wellbeing
- ☘ Team working
- ☘ Professional Competence
- ☘ ICAS Code of Ethics

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# Wellbeing for Performance: **ACCOUNTANTS**



## **ETHICS CPD – 2 hrs**



- ☘ EDINBURGH, Norton House
- ☘ DUNDEE, Camperdown Park
- ☘ PERTH, Kinnoull Hill
- ☘ FIFE, Falkland Estate
- ☘ On-site options

**From £95 pp**  
**6-14 attendees.**  
**Packages available**

**Includes refreshments,**  
**reflective log & CPD certificate**



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## Learning Objectives

This innovative ETHICS CPD aims to enhance accountants' wellbeing and professional competence using the Wellbeing for Performance Framework. It aims to develop an understanding of The Mental Health Continuum, the Dimensions of Wellbeing and the Human Function Curve.

Learning aims to be fun, active and practical for the development of personal wellbeing tools including green health activities, movement and mindful practices.

## Learning Outcomes

To reflect on and recognise how the Wellbeing for Performance Framework can support the fundamental principle of professional competence and due care required by the ICAS Code of Ethics.

To experience and actively practice personal wellbeing tools to support wellbeing and competence including green health activities, movement and mindful practices.



Clare is a former solicitor with Drummond Miller LLP and first Director of Education at the WS Society. She is the author of The Legal Brain (Law Society Journal 29<sup>th</sup> May 2024). Clare is the founding director of Wild Workforce CIC, a Mentally Healthy Workplace Trainer with Public Health Scotland and a Level 3 Forest Programme Leader